

# What's Happening At DPAS 2.0

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*"Start children off on the way they should go, and even when they are old they will not turn from it." Prov. 22:6*

Issue No. 3 Sep/Oct 2025

NATIONAL BETTER BREAKFAST MONTH

## PRINCIPAL FOOTE'S FOOTENOTES 2.0

Greetings DPAS Families!

We've been back four weeks, and let me tell you — this STREAM isn't trickling, it's rushing full force into 2.0! The energy is high, the ideas are flowing, and our scholars are showing us that when you mix faith with focus, the results are *next-level*.

The First Quarter is when the "new year shine" turns into steady momentum — notebooks filling, pencils working overtime, and hearts pressing on with purpose. Like Paul reminds us in Philippians 3:14, *we're not just running the race, we're running toward the prize*. That's what 2.0 is all about — pressing on, powered by Christ, fueled by dreams, and STREAM-ing toward excellence.

So let's stay plugged in, prayed up, and pressed forward.

## NEXT UP 2.0

Date	Event
Sept 29 -Oct 1	<a href="#">Outdoor School @ North Bay</a>
Oct 2	<a href="#">Virtual Home and School Meeting</a> - 6PM
Oct 4	<a href="#">Unity Day Program 10:30 AM</a> <a href="#">Kingdom Square in Upper Marlboro</a>
Oct 19	<a href="#">Fall Festival</a>
Oct 21	<a href="#">Q1 Ends (45 Days)</a>
Oct 22	<a href="#">Q2 Begins</a>
Oct 24	<a href="#">Asynchronous Day</a> <a href="#">Data Utilization/Teacher Work Day</a>
Oct 27	<a href="#">Q1 Report Cards Emailed</a>
Oct 27 - 30	<a href="#">Pastor Appreciation Week</a>
Oct 31	<a href="#">Q1 Honors Assembly @9:00 AM</a>

## IN THE KNOW 2.0

- Unity Day Program:** Grades 4-8 will be ministering at the Unity Day Program at the The Sanctuary at Kingdom Square on Sabbath, October 4, 2025. The flier is on Slide 3. Please let your scholar's teacher know whether your scholar will be attending.
- Updated Student/Family Handbook:** We've made some changes! Please check out the revised Student Handbook on our website and get familiar with what's new.



- Outdoor School (Grades 6-8) Update:** Please note that Outdoor School will be held for 3 days and 2 nights. The price for students will be \$345. This fee includes meals and transportation.
- Mark Your Calendars:** As you review the 2025–2026 school calendar, you will notice consecutive asynchronous days each quarter so teachers can meet with **all** families for Parent-Teacher Conferences. This new setup helps us connect with every parent, making sure each family has the opportunity to partner with us in their child's success. The calendar can be found on our website.
- Field Trip Chaperones - Know Before You Go:** If you're chaperoning, there are important steps to keep everyone safe.
  - Your child only? Complete the Sterling Volunteers background check (renew every 3 years) and give your clearance to the teacher.
  - Other students too? You'll also need extra clearances and written parent consent—even for relatives.
  - Helping a whole class? All clearances apply.

See page 40 of the Handbook on our website for full details.

## CELEBRATION STATION 2.0!

9/2	Diego	9/14	Heaven	10/7	Noah
9/7	Noel	9/24	Harper	10/20	Malachi G
9/11	Malachi	9/24	Paxton	10/26	Ariana
9/13	Aminah	10/6	Titus	10/27	Micah
				10/27	Micael

## FAMILY HACKS 2.0

### S.T.R.E.A.M. Team at Home!

This month, keep the *STREAM* flowing at home with these simple, fun activities:

1. **Science:** Explore God's creation on a family nature walk.
2. **Technology:** Try a new app that helps your child practice skills.
3. **Reading/Religion:** Read a Bible story together and ask, "What does this teach us today?"
4. **Engineering:** Build something together — blocks, Legos, or even a fort.
5. **Arts:** Create! Try a family drawing, a song, or a craft project.
6. **Math:** Cook or bake together and let your child measure ingredients.

Remember, education doesn't just happen in the classroom — it happens in the conversations at the dinner table, the prayers before bed, and the little moments of discovery every day.

## WELLNESS WAVE 2.0

### PUMPKIN BANANA CHOCOLATE CHIP MUFFINS

#### Dry ingredients:

- 1 cup all purpose flour
- ½ cup white whole wheat flour
- 1 teaspoon pumpkin pie spice (or cinnamon)
- 1 teaspoon baking powder
- ½ teaspoon baking soda
- ½ teaspoon kosher salt

#### Wet ingredients:

- 2 very ripe spotty medium to large bananas, mashed
- ¾ cup pumpkin puree
- ⅓ cup pure maple syrup
- ¼ cup extra-virgin olive oil
- ¼ cup milk of choice
- 1 large egg, at room temperature
- 2 teaspoons vanilla extract
- **Mix-ins:**
- ½ cup +2 tbsp chocolate chips
- Optional: 1/2 cup chopped walnuts



#### Instructions:

Preheat the oven 350. Spray a 12 cup muffin pan. In a bowl, whisk together dry ingredients until well combined. In a separate large bowl, whisk together wet ingredients until well combined.

Add the dry ingredients to the wet ingredients and use a wooden spoon to mix together until the batter is just combined. DO NOT overmix. Fold in ½ cup chocolate chips and optional walnuts. Divide batter evenly into muffin liners, then sprinkle each muffin with a few extra chocolate chips.

Bake for 20-25 minutes or until the toothpick comes out with just a few crumbs attached. Cool muffins for 5 minutes then remove from the pan and transfer to a wire rack to finish cooling. Muffins are best served warm and even better the next day. Makes 12 muffins.

## TGIS 2.0 (THANK GOD IT'S SABBATH)

- Sep 26  
◆ 6:58
- Oct 3  
◆ 6:47
- Oct 10  
◆ 6:36
- Oct 17  
◆ 6:25
- Oct 24  
◆ 6:15
- Oct 31  
◆ 6:08

Washington, DC Sunset Times

## SABBATH MADE SIMPLE 2.0

**Tip: Sabbath Countdown** – Help your child get excited by marking down the days until Sabbath. Anticipation makes the day feel like a true celebration!

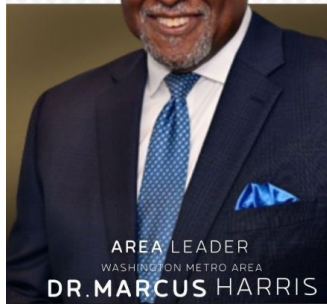
## RESOURCE HUB 2.0

- FactsManagement: Be sure to regularly update your information in [FactsManagement](https://www.factsmanagement.com/)





## *Refresh* **UNITY DAY** ONE CHURCH 30 LOCATIONS



AREA LEADER  
WASHINGTON METRO AREA  
**DR. MARCUS HARRIS**

### FRIDAY

**7:00 pm** Youth &  
Young Adult Service  
Metropolitan SDA Church

Pr. Amanda Haley | Pr. Chris Cheatham  
Pr. Max Gomez | Pr. Brian Laundry

### SATURDAY

**10:00 am** Sabbath School  
**11:15 am** Divine Worship &  
Children's Church

**7:30pm** DMV Night Out

### FEATURING

The Graham Singers

DMV Mass Choir

Dupont Park Choir

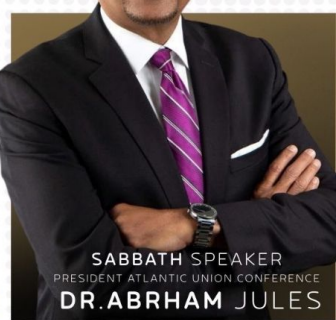
Haitian Choir

Mizo Choir

Korean Choir

GE Peters Choir

DMV Youth Choir



SABBATH SPEAKER  
PRESIDENT ATLANTIC UNION CONFERENCE  
**DR. ABRHAM JULES**

**October 3-4, 2025 | The Sanctuary at Kingdon Square**

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